



ERZBERG RUN & NORDIC WALK

AUSTRIA'S MOST POPULAR MOUNTAIN RUNNING & NORDIC WALKING EVENT!

Since more than 16 years around 1.500 contestants, runners and Nordic walkers from over 20 different nations, take the challenge and make it their personal goal to climb the summit of Middle Europe's biggest active mining area. Looking at the Erzberg, is also called the "Styrian Pyramid", it is a spectacular sight with its rusty red levels that have formerly been cut of the stone by pure virility. The running and walking track follows the levels of the Pyramid to the mountain top, partly leading through woods and past the nostalgic remnants of bygone days, dating back to a time when hundreds of mining workers had inhabited a small town in over 1.000 meters above sea level.

NEW in 2019: This year the course of the running/walking track has been altered in order to give contestants the possibility to get a real first-hand experience of this unique terrain. Even Erzberg insiders will be able to discover the mountain from a new perspective. One of the highlights along the track will certainly be the newly build research center for tunneling and contestants will be among the very first to step foot on Europe's most modern research infrastructure in this sector.

CONTESTANTS CAN CHOOSE BETWEEN THE FOLLOWING OPTIONS

Erzberg Run

SINGLE – Face the challenge on your own, as a single contestant.

TEAM – Face the challenge together, in a team.

Ranking

The fastest male and female contestant in total will be awarded a special prize!

The fastest three contestants of each ranking category as well as the fastest three teams (male, female and mixed) will be awarded the original Erzberg winners' trophy.

The ranking categories for the single ranking are as follows:

Juniors | up to 20 years | up to 30 years | up to 35 years | up to 40 years | up to 45 years
up to 50 years | up to 55 years | up to 60 years | up to 65 years | 70+ years

Erzberg Nordic Walk

SINGLE – Face the challenge on your own, as a single contestant (no TEAM ranking).

The fastest five contestants of each ranking category will be awarded the original Erzberg winners' trophy.

The ranking categories for the single ranking are as follows:

Group A (16-30 years)

Group B (31-50 years)

Group C (51+ years)

PARTICIPATION CRITERIA

Minimum Age

Erzberg Run

Contestants must be at least 16 years old on the day of the race (born 2003 and older). Contestants who are younger than 18 years must present a parental agreement form, signed by at least one parent, when collecting their race number.

Nordic Walk

Contestants must be at least 10 years old on the day of the race (born 2009 and older). Contestants who are younger than 16 years will only be admitted to the competition if accompanied by an adult/chaperon who takes over the responsibility for the child. The chaperon also needs to register as an official contestant. Contestants who are younger than 18 years need to present a parental agreement form, signed by at least one parent, when collecting their race number.

SCHEDULE

Arrival and parking

Address for your navigation system:

Freiheitsplatz 1, A-8790 Eisenerz

From there signs will guide you to the parking space near the festival area.

There is a **free parking area** in immediate proximity to the festival area. From there follow the signs to the festival area (approx. 5-10 mins walk).

Please be early and be ready to start your race at least 30 minutes before the official start. Plan enough time to park, pick up your race number and goodies, drop your bag at the luggage drop-off and get ready for the race.

Registration

You can collect your race number to the following date and during the following time:

27th of July 2019 from 7:00 to 09:30 am

Registration is located in the big white tent, in the middle of the festival area.

To be safe: You will receive an E-Mail a few days before the competition with all necessary information including a map of the festival area.

Please note that we can only hand out your race number upon presenting the following documents to the crew:

- Copy of a valid identity document (driving license, passport)
- Copy of your registration confirmation
- Signed terms of participation

Start location/Start time

The start area is located directly in front of the big white tent, in the middle of the festival area.

Start Erzberg Run: 09:30 am

Start Erzberg Nordic Walk: 09:30 am

Nordic Walkers need to line up **behind** the runners' section and start with a short delay after the runners' section has cleared.

Finish

Erzberg summit/mountain peak

The race course will be closed for all participants by 1:00 pm (i.e. the official end of the competition). Participants who will still be on the track by that time will be picked up by our crew and shuttled to the finish area.

TIME TRACKING & RANKING

Both competitions, Erzberg Run and Erzberg Nordic Walk, are timed and ranked.

Time will be taken by Pentek Timing GmbH. Contestants can rent a timing chip for a fee of €3,00, which is to be paid in the course of the online application process.

If you like to participate in a team (1 team = at least 3 contestants), **it is important that all team-contestants register under the same team name.**

All times that are ranked in the team results will also be ranked in the single results but not vice versa.

PRIZE OVERVIEW

Erzberg Run & Nordic Walk

Until 31st of March 2019 - € 34,-

Until 31st of May 2019 - € 37,-

Until 14th of July 2019 - € 40,-

On race day - € 45,-

SIGN UP NOW AND SAVE!

THAT IS INCLUDED IN YOUR STARTER PACKAGE:

- Free parking
- Race number
- Free luggage drop-off – Your spare clothes will also be delivered to the summit and you can collect them in the finish area.
- 3-4 refreshment stops along the race course with a selection of drinks and snacks
- Professional race timing
- High-quality finisher medal
- Free meal (Get your free portion of Pasta!)
- Festive winners' ceremony
- Unique winner's trophy for all winners in the aforementioned categories
- Party tent with music, good food and drinks
- Voucher brochure (save yourself up to €100 at our partners' physical and online stores)
- Goodie bag stuffed with a variety of valuable products from our partners

Your special extra:

Given that the Erzberg is a still active mining area, we have a very unique start signal to give you a final motivation boost before the race! You can start your Erzberg experience to the sound of an imitated mining detonation followed by the classical Erzberg anthem, composed specifically for this event.

